



A School Partnership In Rural England

Motto : ‘ **We Aspire to Inspire** ’

Our Values – using the initials of the names of the schools.

K – Kindness

U – Understanding

P – Patience

H – Honesty

L – Love

B – Boldness

Food Policy

The term ‘school’ refers to the schools in the ASPIRE Federation: Kingswood Primary, Ulcombe CE Primary, Platts Heath Primary and Leeds and Broomfield CE Primary. The term may refer to them jointly or individually.

Document History

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Tri-Annual Review or as required – next review April 2029

At our two Church of England schools this policy will be delivered through strong links made to our Christian values:

Leeds & Broomfield Church of England Primary School

At Leeds & Broomfield we build strong foundations for all; to learn, flourish and fill their hearts with God's love. Everyone is important, valued and needed to make L&B grow. We give a quality all round nurturing education which develops the whole child; If the rain came we would not fall.

*"As many hands build a house, so many hearts make a school."
(Matthew Ch 7 24-27)*

RESPECT RESILIENCE EMPATHY CURIOSITY HONESTY

Our school Christian Values support the development of the children and all within the school and local community, giving the children and staff a positive outward looking view. The pupils and staff support and help each other and the local community enabling all to flourish.

We have explored the story of Matthew (Ch 7 24-27) showing curiosity, and the children felt empathy for the builder of the house on the sand, but said they must be resilient to try again. Jesus was honest with his followers and people followed and trusted him. The story continues showing how Jesus respected all and everyone who wanted to listen and learn could – no one was turned away. This high level of inclusion and respect is what makes Leeds and Broomfield a great school community to be part of 'many hearts make a school'.

Ulcombe Church of England Primary School

*"One body, many members, learning together surrounded by God's inclusive love."
(Corinthians 12:12-14)*

TRUST RESPECT HOPE ENDURANCE

Ulcombe Church of England School is a nurturing, inclusive learning space, where our uniqueness inspires trust and welcomes diversity. Our children all flourish (for however long they are with us), in an environment where learning through making choices is not only embraced but discussed and, when needed, forgiven. This allows our learners to become positive role models in *their* wider communities. The whole school community works together in unity to ensure that our practice fully reflects the passage of 1 Corinthians 12:12-14. The children and adults feel included and appreciated as one body with diverse cultures learning, working and flourishing together to accept everyone and nurture their aspirations for the future.

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The term 'school' refers to the three schools in the ASPIRE federation: Kingswood Primary, Platts Heath Primary, Ulcombe CE Primary and Leeds and Broomfield CE Primary. The term may refer to them jointly or individually.

Throughout the document the term 'Headteacher' may refer to the position of Executive Headteacher or Head of School (depending who is based on site)

Introduction

This food policy has been produced in consultation with the whole school community, based on the Kent Self Review Tool to meet National Healthy Schools Standards for Healthy Eating. The policy will apply to all programmes and activities on the premises including out of hours school/family learning, for example Football, Netball and Breakfast Clubs.

Aims and Objectives

- To improve the Health and Well Being of children, young people, carers, parents, families and the wider school community.
- To ensure that the school provides consistent messages for food and drink.
- To provide confidence, skill and understanding to make healthy food choices.

Guidelines

Using the Kent Self Review Tool to identify current status, areas for development, followed by a review of interventions to measure success

- Discuss at School Council
- Complete a cross curricular audit at all key stages.
- Ensure members of staff attend relevant training opportunities.

Snacks

Break time snack will be fruit and vegetables only. Key stage 1 and 2 are offered free fruit and vegetables daily as part of a National Scheme. Key Stage 2 pupils requiring an additional snack will be expected to bring fresh fruit or vegetables each day for break time.

School Lunch Provision

All menus are produced in accordance with National and Local Guidelines for a balanced nutritional content. Pupils and parents, whenever possible, will be involved in the monitoring and evaluation of school lunches. Parents can request a copy of the three week rotational menu, which includes a vegetarian option. Weekly menus will be displayed in the school reception/hall areas.

Packed Lunches

The school promotes healthy packed lunches and asks parents not to include fizzy drinks, nut products or sweets.

Dining Room Environment

The school aims to provide a welcoming eating environment that encourages the positive social interaction of pupils across year groups and house teams. Where applicable, two lunch sittings take place dependent on pupil numbers and space facilities.

Drinks

- The school provides fresh drinking water and encourages pupils and staff to access during the school day.
- The school promotes fresh cool milk. Children under 5 are supplied free of charge. However, this is available to all children at a minimal cost. Parents can go online at www.CoolMilk.co.uk or request a form from the school office.
- Water is promoted at lunchtimes.
- Fizzy drinks are forbidden.

Curriculum

The Headteacher will monitor the curriculum regularly to ensure that pupils have opportunities to learn:

- About different types of food in the context of a balanced diet, using the “eat well plate”.
- How to plan, budget and prepare meals.
- Understand the need to avoid consumption of foods high in sugar, salt and fat and to increase the consumption of fruit and vegetables as well as bread, cereals and other carbohydrates.

Parents, Carers and the Wider Community

The school aims to involve parents/carers in guiding food policy and practice within the school and encourages them to give feedback through the school website.

Governors

Governors will monitor and ensure that the school food policy is upheld and offer guidance where a member of the body has a particular expertise in this area.

Responsibilities for Implementation

Independent organisations using school premises will receive a copy of the School Food Policy with contracts/agreements and to be responsible for compliance.

Senior Management Team, Subject Leaders, Teachers will be responsible for cross curricular development.

LEA/Clusters/Contractors/Schools are responsible for ensuring quality of food offered in line with National and Local Nutritional Standards.

UIFSM changes 2014

From September 2014, all children in reception, year 1 and year 2 in state-funded schools in England will be eligible for free school meals. This includes infant pupils in maintained infant and primary schools, free schools, academies, schools for pupils with special educational needs and pupil referral units.

Free school meals will also continue to be available to pupils (including infants) whose parents receive certain benefits and who are registered to receive one.

(Source: Children Food Trust 2014)